

Mera Ehsaas Shabdon ke Sath

~ By Shubham Sunil
Jadhavar

✨"Ek Tarafa Pyar" ✨

Main bas usse chah
raha tha,
Bina kisi wajah ke, bina
kisi shart ke.
Na uske jawab ki
umeed thi,
Na hi kabhi izhaar ka
hausla tha.

Woh bas thi... kahin,
roshni ke jaise,
Jise chhoo nahi sakta
tha,
Par uski roshni mein
jeeta tha.
Har subah meri uske
khayalon se hoti thi,
Aur raat... uske bina
adhoori lagti thi.

Log kehte the, tu pagal
hai,
Par unhe kya pata,
Pagalpan bhi sukoon
deta hai jab pyaar
sachcha ho.

Uski ek muskurahat
kaafi thi,
Mujhe din bhar zinda
rakhne ke liye.
Aur uski khamoshi...
Woh meri likhi har
shayari mein bolti thi.

Main uske aas paas
tha, par kabhi uska nahi
tha...
Aur yeh baat main roz
jhelta tha,
Bina shikayat ke.
Uske har dard mein
khud ko mehsoos karta
tha,
Aur har uski khushi
mein,
Apna wajood bhool jata
tha.

Kya yeh bewakoofi thi?
Shaayad...
Par dil ke maamle mein
samajhdari kab kaam
aayi hai?
Main chahta tha usse...
Sirf chahta tha.
Na paana zaruri tha,
Na batana.

Phir ek din usne kisi aur
ka haath thaam liya...
Aur main bas muskura
diya,
Jaise kuch mehsoos hi
na hua ho.
Lekin us din,
Maine khud se keh
diya—
Tujhe chaha tha,
chahunga...

Par ab tere liye dua
mein bhi apna naam
nahi mangunga.

Yeh tha mera pyaar.. ek
tarfa,
Poora, gehra, aur
be-aawaaz.
Na kabhi milne ki zid ki,
Na bhoolne ki
koshish...
Bas tujhmein reh
gaya...
Tere bina.
— Shubham Sunil
Jadhavar

✨"Main Sach Mein
Jeena Chahta hu" ✨

Paise ke liye sab bhaag
rahe hain,
Lekin main zindagi ke
liye ruk gaya hoon.
Na mujhe note chahiye,
na naam,
Bas sukoon chahiye...
jo kisi bank mein nahi
milta.

Main chahta hoon
dhoop mein baithna,
Bina kisi AC ke.
Main chahta hoon chai
ki chuski,
5-star ke table pe nahi..
kisi purane tapri ke
kinare.

Log kehte hain, paisa
sab kuch hai...
Par bhai,

Jab raat ko tanhayi
cheekhti hai,
Toh note ne kabhi
kandhe nahi diye.

Mujhe chahiye apne
logon ki muskaan,
Ek maa ki dua,
Ek dost ka sachcha
saath,
Aur ek chaand si
khushi,
Jo kisi luxury mein
nahi.. kisi chhoti si baat
mein chhupi ho.

Main jeena chahta
hoon uss tareeke se,
Jahan roti ho thodi,
Lekin neend poori ho.
Jahan kapde kam ho,
Lekin wajood ke daag
na ho.

Main nahi chahunga wo
zindagi,
Jo sirf bank balance se
naapti ho,
Main chahunga wo
lamhe,
Jo dil chhoo jaayein...
Jahan har saans ka
matlab ho

Main paisa kamaunga,
zaroor kamaunga,
Par sirf zarurat ke
liye...
Zindagi bech kar nahi.
Main likhunga, rooh
se...
Main jeeyunga, khud
se.

Main bhaagunga nahi...
Main ruk kar jeena
chahta hoon.
Main sach mein jeena
chahta hoon.
— Shubham Sunil
Jadhavar

💫 "Woh Lamhe Wahi
Ke Wahi Hai" 💫

Waqt badalta gaya,
chehre nikalte gaye,
Naye rishte aaye, kuch
purane chhoot gaye...
Par ek tukda zindagi ka

—
Tere saath guzara hua

—
Woh lamha... aaj bhi
wahi ka wahi hai.

Tere saath ki woh halki
muskaan,
Woh aankhon mein
chhupi baat...
Na jaane kyun, har roz
jee leta hoon unhe,
Jaise kal hi ki baat ho.

Zindagi aage badhne ki
zidd mein hai,
Par dil... us ek mod pe
ruk gaya hai.
Jahan tu tha, main tha,
Aur hum dono...
khamosh the.

Main badal gaya hoon
shayad,

Lekin woh ehssaas nahi
badle.

Woh lamhe,
Jinmein tu thi —
Woh aaj bhi meri rooh
mein jite hain.

Kuch pal... waqt se
azad hote hain,
Na kabhi purane hote
hain, na bhooolaye jaate
hain.

Wahi toh hain —
Woh lamhe...
Wahi ke wahi hain.
— Shubham Sunil
Jadhavar

💫 "Khamosh
Mohabbat" 💫

Mohabbat thi... lekin
keh nahi paaya,
Uske saath waqt
guzara, par 'tera hoon'
kabhi keh nahi paaya.
Uski har baat mein
apna jahan dikhai deta
tha,
Lekin usey kya pata...
main har baat mein
khud ko chhupa leta
tha.

Woh hans deti thi, toh
dil shant ho jaata tha,
Aur jab udaas hoti thi...
toh main raat bhar nahi
so pata tha.
Mohabbat thi itni gehri,

Ke dua bhi ki, 'Khush
rahe chahe kisi aur ke
saath ho'...

Main uska tha... bina
uske jaane,
Woh kisi aur ka ho
gaya... bina mujhe
samjhe.
Main chhup gaya uski
duniya se,
Aur meri duniya uske
naam se bas gayi.

Kabhi baaton mein nahi
aayi meri chaahat,
Kabhi lafzon mein nahi
chhupi meri kasak.
Main sirf uski khushi
mein jeeta raha,
Chahe wo muskurahat
kisi aur ki wajah se
kyun na ho...

Aaj bhi jab log puchte
hain 'Pyaar kiya hai?'
Toh bas ek muskaan
deta hoon.
Kya bataun unhe...
Ki haan, pyaar kiya
hai...
Lekin sirf khamoshi se.
— Shubham Sunil
Jadhavar

✨"Khamosh Yaadein,
Ankahi Baatein" ✨

Khamosh yaadein
hain...

Jo din ke beech mein
achanak se aake baith
jaati hain,
Aur raat ke andhere
mein...
khud se bhi zyada apni
lagti hain.

Un yaadon mein tu bhi
hota hai,
Tera hansna, tera kuch
na kehna,
Aur meri wo chhoti si
koshish —
Tujhe har pal samajhne
ki.

Ankahi baatein bhi kitni
gehri hoti hain na...
Jo kaha nahi, wahi toh
sabse zyada chubhta
hai.
Tera 'theek hoon'
kehna,
Aur meri aankhon ka
sab samajh jaana...
Woh pyaar nahi toh kya
tha?

Waqt ne sab kuch le
liya,
Lekin yaadein nahi le
saka.
Aur tu...
Tu toh jaake bhi kahin
gaya hi nahi...
Bas mere andar, meri
khamoshi mein,
Ek adhoori si tasveer
ban gaya.

Kabhi sochta hoon,
agar bol deta us waqt...

Toh shayad aaj itni
baatein kehni hi na
padti.
Lekin phir yaad aata
hai..
Jo jazbaat lafzon mein
aa jaayein,
Woh mohabbat toh nahi
hoti...

Isliye aaj bhi...
Main tere saath nahi
hoon,
Par tu har us khamoshi
mein hai...
Jahan main duniya se
chehra chhupake
Apne dil se milta hoon.
— Shubham Sunil
Jadhavar

✨"Tujhe dekhne ke
baad" ✨

Tujhe dekhne ke baad,
Iss jahaan ki khubsurti
kaun dekhega?
Jab meri nazar mein tu
hi bas gaya,
Toh phir baaki sab kuch
bas ek saaya sa reh
gaya...

Log kehte hain phool
khilte hain,
Chand roshan hota hai,
sitare chamakte hain...
Par mujhe toh us din se
kuch dikha hi nahi,

Jab se teri aankhon
mein khud ko dekha
hai...

Tu chali aaye toh lagta
hai,
Zindagi ne ek pal ke
liye saans le li ho...
Aur tu chali jaaye,
Toh sab kuch bejaan sa
lagta hai.

Main har jagah gaya
hoon,
Par teri aankhon jaisi
gehrayi kahin nahi
mili...
Main har khushboo se
mila hoon,
Par teri muskaan jaisa
sukoon kahin nahi
mila...

Tujhe dekhne ke baad,
Na sheher haseen lagte
hain,
Na rang, na raatein...
Bas tu — ek noor si
lagti hai,
Jisne meri poori duniya
ko chup kar diya hai...
— Shubham Sunil
Jadhavar

✨"Likhta Rahun Teri
Rooh Ke Liye" ✨

Main likhta hoon...
Na tujhe paane ke liye,
Na duniya ko dikhane
ke liye...

Main likhta hoon bas is
liye —
Kyuki tu hai mere
andar,
Aur main zinda hoon
tere jazbaat mein.

Tere hone ya na hone
se fark nahi padta,
Teri rooh mere lafzon
mein basa karti hai...
Aur main har roz kuch
aisa likhta hoon,
Jo tujhe mehsoos kar
sake...
Bina tere saamne aaye.

Kabhi tere hansne ka
ehsaas,
Kabhi teri khamoshi ka
zikr...
Kabhi woh adhoori
baatein,
Jo sirf meri diary jaanti
hai...
Main sab likhta hoon —
Tere liye... Teri rooh ke
liye.

Na tu padhegi shayad,
Na tu samjhegi kabhi...
Par mujhe likhna hai,
Jab tak meri saanson
mein
Tere naam ki mehfil
zinda hai.

Main likhta rahun...
Teri rooh ke liye,
Kyuki mohabbat sirf
jism se nahi hoti...
Woh toh us rooh se hoti
hai,
Jo har lafz ke beech

Dhadakti rehti hai.
— Shubham Sunil
Jadhavar

✨"Shayar Ki
Shayariyaan" ✨

Main shayar hoon...
Par meri shayari kabhi
sirf lafz nahi thi,
Woh toh meri cheekh
thi,
Jo maine muskurahat
ke piche chhupa di thi.

Jo duniya ne
"khoobsurat sher" kaha,
Woh meri tuta hua
khwab tha...
Aur jise tumne "waah"
kaha,
Woh meri raaton ki
tanhaayi ka hisaab tha.

Koi poochta nahi,
Ke main likhta kyun
hoon,
Par har koi chahta hai
Ke main likhta rahun...
Jaise dard mera nahi,
Unka haq ho gaya hai.

Main har lafz mein
zinda hoon,
Har misre mein aadha
ho chuka hoon.
Main khud se door ho
gaya hoon,
Aur tum sab ke itna
kareeb...

Ke kabhi kabhi khud ko
bhool jaata hoon.

Mujhe shayari karna
pasand nahi,
Bas zarurat ban gayi
hai.
Jab koi apna sunta
nahi,
Toh kalam hi kaafi lagti
hai.
Kagaz mera dost ban
gaya hai,
Aur syahi meri aankhon
se tapka dard...

Tum samajhte ho main
jazbaat likhta hoon,
Par nahi...
Main toh har baar
Apna ek hissa likh kar
Us safed kagaz pe
chhod deta hoon,
Jahan tum sab mujhe
padh kar guzar jaate
ho,
Aur main... wahi ruk
jaata hoon.

Kisi ki yaadon mein
likha,
Kisi ke khamosh chehre
pe,
Kisi ke jaane ke baad,
Aur kisi ke reh jaane ke
bawajood...
Main shayar hoon.
Lekin har baar,
Sirf likhta hoon, jeeta
nahi.

— Shubham Sunil
Jadhavar

✨"Main Shayar Hoon"
✨

Main shayar hoon,
Par har lafz kisi dard se
nikla hai...
Jo chehre par muskaan
thi,
Woh kagaz pe aansuon
ki siyahi ban gayi hai.

Log taaliyan dete hain
meri shayari pe,
Par kisi ne yeh nahi
poocha —
'Kya tu theek hai?'
Kisi ne yeh nahi jaana,
Ke har sher mein ek
zakham chhupa hota
hai...

Main dard likhta hoon,
Kyuki bol nahi sakta.
Main yaadein likhta
hoon,
Kyuki bhool nahi sakta.

Main shayar hoon...
Toota hua insaan,
Jo sabke liye likhta hai,
Aur khud ke liye sirf
chhup chaap jeeta
hai...

— Shubham Sunil
Jadhavar

✨"6 Saal Ho Gaye" ✨

Tujhe milna hai... kuch
kehna hai,
6 saal ho gaye, aur
main ab bhi wahi hoon.
Na waqt badla, na
jazbaat...
Sirf tumhari khamoshi
gehri hoti gayi.

Main chah ke bhi door
nahi jaa saka,
Aur tu... paas hoke bhi
meri kabhi thi nahi.
Pata nahi kya tha us
pal mein,
Jab teri ek muskaan ne
mujhe zindagi bhar ka
intezaar de diya...

6 saal...
Jismein sab kuch badal
gaya —
Raahein, chehre,
sapne...
Par ek cheez wahi rahi
—
'Tera zikr mere har din
mein.'

Kayi baar socha, tujhe
phone karoon,
Ya ek lamha tujhmein
jee loon.
Par har baar socha,
'Kya tu bhi mujhe yaad
karti hogi?'
Aur bas... kuch kehne
ka hausla chhod diya.

Ab toh yaadon ne bhi
chup rehna seekh liya
hai,
Par dil...

Woh toh har saal, har tareekh,
Tere milne ki umeed mein dhadakta jaata hai.

Tujhe milna hai... bas itna kehna hai —
Main ab bhi wahi hoon,
Jahan tune chhod diya tha...
Mohabbat usi jagah,
Bas wakt 6 saal aage nikal gaya hai...

— Shubham Sunil
Jadhavar

✨"Shayar Ka Dard" ✨

Main shayar hoon...
Lafz mere haath mein hain,
Par sukoon kab ka chhoot gaya hai.
Log mere dard pe taaliyan dete hain,
Aur main... har baar thoda aur toot jaata hoon.

Har koi kehta hai —
'kya likha hai yaar!'
Par koi yeh nahi poochta...
'Kya tu theek hai?'
Koi yeh nahi samajhta
Ki har sher ke peechhe ek aansoon chupakar roya hai...

Main likhta hoon mohabbat pe,
Par pyaar mera kabhi poora nahi hua.
Main likhta hoon wafaa pe,
Par har rishte ne bewafaa hi kaha.

Kabhi kabhi sochta hoon...
Kaash main shayar na hota,
Toh shayad itna mehsoos bhi na karta...
Par yeh toh saza ban chuki hai —
Har jazbaat ko jeena,
Aur phir usse kagaz pe chhod dena...

Mujh se mat kehna 'aur likh',
Main roz apna ek tukda tumhare liye todta hoon...
Main shayar hoon,
Par meri shayari mera marham nahi,
Mera zakhm hai.

— Shubham Sunil
Jadhavar

✨"Rooh Ke Dard Ko Alfaazon Mein Daalun Main" ✨

Rooh ke dard ko alfaazon mein daalun main...

Lekin kaise bataun,
Ki jo mehsoos kiya hai,
Woh sirf mehsoos kiya hai — kabhi samjhaaya nahi gaya...

Yeh dard na jism ka tha,
Na kisi lamhe ka...
Yeh toh wo khaamoshi thi,
Jo har saans ke saath andar se cheekhti thi...

Main muskurata raha,
Kyuki aansoon ka bojh aur badh jaata...
Main likhta gaya,
Kyuki chup rehne ka silsila aur gehra ho jaata...

Har lafz mein ek tukda hoon main,
Har misre mein chhupa hoon main...
Jise duniya ne shayari kaha,
Woh mera bikhra hua wajood tha...

Rooh ke dard ko likhne ke liye
Zakhm hone chahiye —
andar tak ke...
Aur main toh har roz kuch aur toot kar
Thoda aur likhne laayak ho jaata hoon...

Toh haan...
Rooh ke dard ko alfaazon mein daalun main,

Kyuki yehi meri ibadat
hai,
Aur likhna... meri
khamoshi ka sabse
gehra jawaab.
— Shubham Sunil
Jadhavar

✨"Ek Rooh Ka Zakhm
Ho..." ✨

Ek rooh ka zakhm ho,
Aur har lafz uska
marham ho...
Shayari sirf likhne ke
liye nahi hoti,
Kabhi kabhi yeh jeene
ka tareeka ban jaati
hai...

Kagaz par gira har lafz,
Meri khamoshi ka itna
gehra hisa hai,
Ke main khud ko bhi
padhta hoon,
Toh aansuon se bheeg
jaata hoon...

Kehne ko toh duniya
kehti hai — 'kya khoob
likha hai!'
Lekin mujhe maloom
hai,
Har sher ke peeche ek
raat jagi hai,
Ek yaad jali hai,
Aur ek dil chhupke se
roya hai...

Yeh lafz mere dard ke
dwaar pe

Khamoshi se dastak
dete hain,
Aur fir usi dard ko
Aaram dene ka vaada
kar jaate hain...

Ek rooh ka zakhm ho,
Aur har lafz uska
marham ho...
Toh samajh lo —
Yeh sirf shayari nahi,
Ek shayar ki poori
zindagi hai.

— Shubham Sunil
Jadhavar